

Coaching: *Executive, Personal, Career*

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Coaching is a professional service that helps clients learn, solve problems, change, and achieve goals. Our clients achieve results within a three-four month timeframe. We use a comprehensive, customized approach, based on the specific needs/goals of each individual/organization.

Common reasons to use a coach:

- **Organizational**
 - On boarding of new/emerging leaders
 - Boost performance of high potentials
 - Confidante/objective thought partner for strategic challenges
 - Talent management/Succession planning
- **Personal**
 - Balance and Fulfillment
 - Career changes
 - Retirement planning

Wanda Lowenstein, Executive/Personal Coach

- *Former healthcare executive* •
- *Graduate, The Coaches Training Institute* •
- *Member, International Coach Federation* •
- *M.A., Human Resources* •

Clients represent healthcare, law, nonprofit, education, government, and corporate

For more information or to schedule a complimentary session, please contact Wanda Lowenstein at 816.508.1706 or wanda.lowenstein@cornerstonesofcare.org



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